



### Myths That Keep Us Apart

We love men but living and working with them can be a challenge. The challenge lies in the ability to dispel the myths that arise around them. The male models used in today's world can be confusing and reflects the image portrayed by history, the news media, and your mom (or “mum” if you are British born). We may think we can't live without them, but can we live with them and still have a satisfying life ourselves? Some understanding of men's motivations can help you rise to that challenge.

The world is also at risk if we don't rise to this challenge. The dynamics of personal relationships need to change to a more logical and satisfying state for both women and men. This is important not only for the lives of women and men in general but in the world view too.

### Dealing With Their Fears

Some men are confused by the fear they see in the eyes of their partner or co-worker, the rest of the male population use it to their advantage. When men show emotion it is generally in the form of a temper tantrum. When they were boys Mom failed somehow to communicate to them that the game was over. Perhaps it was just too tough a job. However capable Mom was in dealing with her partner's ability to instill fear in her, she passed those fears (or lack of fear) on to her siblings.

### Understanding Your Fears

If you are financially dependent on your partner's income (or afraid of losing his attention) fear can develop without you consciously realizing it. You may consider yourself an independent female, but “falling in love” seems to have changed all that. Now you are only concerned with pleasing him. This is a passing phase though as anger begins to build and dissatisfaction spreads. Divorce (or break-up) is just around the corner even though many years may pass before this actually happens.

### About the Sex Subject

If your man enjoys everything about you, sex is natural and enjoyable for both of you. If you find he is only interested in your body it is time for a communication session. If he resists discussing the subject some past experience is most likely haunting him. You cannot fix this. Don't waste your time feeling depressed or fearful, it is not about you. It is time to move on or accept this as part of the price you pay for his attention.

## **Adventure Outside the Relationship**

Men consider life meaningful if they have relationships outside their primary male/female relationship. Their high school buddies, college chums, and office associates, all qualify as a sort of freedom-related adventure.

Since working in a daily routine presents a confined, restrictive, and demeaning pressure on the male to perform, having an outside adventure can break the monotony. Whether it is a few drinks after work, bowling in a league, or simply a social conversation with a co-worker, this represents a break from the confinement.

## **The World View**

The fears men have about women is bound to surface much more often than in the past. Since men realize at the core of their being that with women in charge their illusory world will dissolve. The phrase self-confident women have been using for thousands of years “put up or shut up” or “do it right or get out of the way” may soon be the rule of the day. Since women have a low tolerance for bullshit, the leisurely cigar and brandy conferences may be on the way out. The “roll up your sleeves” and “get the job done” attitude can become the mantra of today's women in charge. Men certainly visualize this future as one in which they actually have to produce something rather than just talk about it. You can't blame men for trying to keep that future at bay.

For more interesting insights about men and their myths, see *About Men - Myths Revealed, Dealing With The Fear*.

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